(from 8am to 4:30pm)

SPREAKFAST CREATIONS

(no bread choice)

Big Spicy Burrito • Four eggs, fresh chorizo, roasted potatoes, bacon, cilantro, onion, cheddar cheese in a giant tortilla. II.oo

Breakfast Bowl • Sauteed onions, bell peppers, asparagus and mushrooms served over brown rice and topped with a poached egg. Choice of ground turkey, chicken or veggie chorizo. Comes with a side of our terrific salsa. **7.95**

The Benedict • Canadian bacon, poached eggs & avocado stacked on English muffins with fresh hollandaise. II.oo

The Florentine Benedict • Our healthy version of the classic with grilled tomato, spinach and mozzarella cheese 10.00

Breakfast Wrap • Soft lavash bread, scrambled eggs, applewood smoked bacon, tomato, avocado, & cheddar cheese. II.oo

Breakfast Panini • Three eggs over hard, melted cheddar, turkey bacon, avocado & tomato served on Rosemary sourdough. II.oo

Huevos Loco Moco • Savory hamburger patty served over brown rice, covered with a delicious mushroom gravy and topped with a sunny side up egg 10.00

Country Spam and Eggs • The breakfast of champions, pan seared and served over sweet brown rice and topped with an egg. 10.00

Healthy and Happy Breakfast Crepe •

Sweet Crepes filled with nonfat yogurt, fresh strawberries, blueberries, bananas, walnuts and honey. 8.00

Fruit Medley •

Fresh seasonal fruits and berries with your choice of low fat yogurt or cottage cheese. 9.00

Old School Oatmeal • With cranberries, raisins & fresh berries. 7.00

Clare Sweet Crepe • Nutella, strawberry & banana (best with ice cream). 7.50

Chocolate Banana Cream Sweet Crepe • Nutella, banana, banana cream & caramel. 8.00





Fried Chicken n Hot Cake • Just like you're back on the farm, crispy fried chicken with a delicious buttermilk pancake and an egg. 10.45

Rob's Big Combo • Two eggs, choice of meat and your choice of a petite-sized Healthy and Happy Breakfast Crepe or one pancake of any kind. II.45

Very Blueberry Pancakes •

Three buttermilks with fresh blueberries inside, with berry & regular syrup. 9.45

Buttermilk Stack • Real buttermilk fluffy cakes from scratch. 8.95

Strawberry Oatmeal Pancakes • Our famous recipe for fluffy cakes topped with strawberries. 9.45



Eggs come with a choice of Texas cheese toast, blueberry mini-muffins, or corn bread and a choice of home-style potatoes, old school tater tots or fresh fruit.

Jack's Combo • Three farm fresh eggs any way you like. 9.00

Jill's Combo • Start with a choice of one meat: Honey cured ham, bacon, pork sausage, turkey or andouille sausage with three fresh eggs. 10.00

Protein Scramble • Egg whites, fresh pulled chicken, turkey bacon, spinach, tomato, onion. jack, cheddar & mozzarella cheese. 12.00

House Scramble • Goat cheese, spinach, sun dried tomato, avocado & fresh basil. 10.45

Build Your Own Scramble • Any four items you choose. Go wild! 12.00

Sunset Omelette • Asparagus, mushroom, spinach, onion, tomato, herbs & jack cheese. 10.45

----- Chicken & Crepes ---

(from nam 'til close)

🕒 LOUISIANA ROTISSERIE CHICKEN 🥥

Made with our authentic Louisiana seasoning and slow cooked on the spit.

Served with Texas cheese toast.

2 Piece (leg & th 3 Piece (leg

2 Piece (leg & thigh) & 1 side choice 7.50

3 Piece (leg & thigh) & 1 side choice 8.50

1/4 Chicken (breast & wing) & 1 side choice 8.50

1/2 Chicken & 1 side choice 9.95

Whole Chicken & 1 side choice 13.95

*All white meat option 1.00
*Additional side order 2.00
*Additional corn bread or muffin 1.00



SIDE ORDERS

Jambalaya Rice

Slow cooked authentic sauce over rice.

Homemade Gumbo

Hot, smoky and a bit of spice.

Texas Chili

Sirloin steak chili topped with cheddar.

In Salad

A classic simple salad with our citrus vinaigrette

Caesar Salad

Crisp romaine with a zesty Caesar dressing and parm cheese.

Homestyle Potatoes

Just like the way mom use to make.

Roasted Veggies

A variety of veggies roasted to perfection.

Daily Soup Selection

Made fresh everyday. Check with server.

Mac n' Cheese

Homemade, comfy masterpiece.

Potato Salad

Where the good idaho russets end up.

Tater Tots

Golden crisp, just like old times

French Fries

Crispy fried and sprinkled with salt and pepper.

Onion Rings

Sweet onions with a crunch.

Fresh Fruit

Seasonal fruit from local growers.

Brown Rice

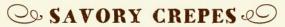
Fluffy and healthy.

Sweet Potato Fries

A Southern classic, hard to resist.

The Healthy Bowl • A heaping bowl of happy with brown rice, bean sprouts, snow peas, fresh veggies and our light ginger/soy glaze. The choice is yours between our pulled chicken breast, marinated beef or tofu. 7.95





All crepes come with mozzarella cheese unless otherwise indicated. Served with a little JnJ Salad (Sorry, no substitutions). Sorry, no splitting of Savory Crepes.

Jambalaya Crepe • Andouille sausage, shrimp, fresh pulled chicken in a rich Jambalaya sauce.

Creamy Pesto Crepe • Fresh pulled chicken, smoked bacon, garlic, pesto, cheese and sherry cream sauce. 10.00

Chicken Artichoke Crepe • Artichoke hearts, tomatoes, fresh pulled chicken and cheese in a basil cream sauce. 10.00

----- Salads, Soups & Joy ---

OSALADS QO

Salads come with a choice of Texas cheese toast, blueberry mini muffins or corn bread.



Pecan Citrus Salad • Romaine, cranberries, golden raisins, mandarin oranges, apples, avocado, bleu cheese, almonds, candied pecans, with fresh pulled chicken & our citrus vinaigrette. 10.95

Cobb Salad • Fresh pulled chicken or blackened chicken, applewood bacon, blue cheese, tomato, avocado & egg and some fresh greens, with balsamic dijon or green goddess dressing on the side (salad tossed on request).

Cilantro Lime Salad • Fresh pulled chicken, roasted corn and peppers, tortilla strips, jack cheese, tomato, cilantro and pepitas. Tossed with our tangy cilantro-lime vinaigrette. 10.95

Happy Chopped Chicken • Fresh pulled chicken, crispy cabbage, carrots, cucumber, tortilla strips, greens, mango and sliced almonds. Tossed in our Soy-Ginger dressing and topped with a Satay peanut

Magnolia Salad • Fresh field greens, grilled corn, tomato, artichoke hearts, black-eyed peas and green goddess dressing, topped with blackened shrimp or blackened chicken and a little fresh mozzarella. II.25

Spinach Berry Spectacular • Baby spinach, tomatoes, pecans, strawberries, & lots of Feta cheese with a citrus vinaigrette. Topped with fresh pulled chicken or blackened chicken. 10.95

Blackened Salmon Caesar • Fresh salmon filet cajun blackened on top of our great Caesar. 13.95

Country Harvest Salad • A scoop of our fresh Tuna salad or pulled chicken, fresh greens, asparagus, artichokes, avocado, cucumber, hard boiled egg, tomato and buffalo mozzarella tossed with our balsamic vinaigrette 10.95



Homemade Gumbo • Hot, smoky and a bit Texas Steak Chili • Sirloin steak chili spicy with a scoop of rice. 3.50/7.00

Jambalaya • Andouille sausage and chicken simmered in a Creole sauce. 3.50/7.00

topped with cheddar cheese. 4.25 / 9.00

Soups of the Day • Made fresh every day. Check with server. 4.00 / 8.00

Mac n' Cheese . Homemade, comfy masterpiece! 4.00 / 8.00

Quesadilla • Corn tortillas, filled with spicy chicken, black beans, peppers & onions. 9.95

SANDWICHES, PANINIS, WRAPS & BURGERS S

Sandwiches come with organic greens and a choice of French Fries, Onion Rings, Texas Steak Chili or Fresh Fruit.

Pesto Chicken Panini . Our homemade pesto, fresh pulled chicken, buffalo mozzarella & tomato. 10.50

Pomodoro Chicken Panini • Fresh pulled chicken, gouda cheese, fresh basil & tomato on a hot crispy panini bread. 10.50

Turkey Melt Panini • Fresh roasted turkey breast, melted havarti cheese, tomato, cranberry, relish and greens. 10.95

Blackened Chicken Wrap . Iron skillet blackened chicken with avocado, mozzarella cheese, tomato, applewood smoked bacon, greens & balsamic dressing. 10.95

Veggie Wrap • Soft lavash bread with cream cheese, pesto, avocado, tomato, gouda cheese, greens and fresh herbs. 10.50

Chicken BLTA • Pulled chicken, Applewood bacon, tomato, greens, avocado, garlic aioli on cracked wheat. II.95

In Club Sandwich . Smoked turkey breast, honey cured ham, havarti & gouda cheese, bacon, lettuce, tomato & garlic aioli piled three layers high! 12.95

Tuna Stack • Albacore tuna salad with cucumber, tomato, avocado, cheddar, greens and a touch of our garlic aioli on cracked whole wheat bread. 10.95

Tri-tip Steak Dip • Thin sliced, broiled tri-tip with melting havarti cheese. Served with hot au Jus. 10.99 Add sautéed mushrooms and onions on request for 1.00.

> Protein Burger • For those of you who are watching your carb intake, try our juicy burger with tomato and a crisp lettuce wrap instead of a bun. 10.00

Cheeseburger • Fresh half-pound of 100% Angus grilled to perfection with cheddar cheese, greens, tomato and garlic aioli. 10.95

BBQ Hickory Burger • Our burger with applewood smoked bacon, double-thick cheddar, greens, tomato, garlic aioli and BBQ sauce. 11.95

Hungryman Burger • Our classic burger with applewood smoked bacon, greens, tomato, garlic aioli and topped with a fried egg. 12.95

Turkey Burger • Served with grilled onions, tomato, greens, gouda cheese and brushed with BBQ sauce. II.95

Veggie Burger • Served with Havarti cheese, avocado, tomato, cucumber, pesto, red onions and greens. 11.95



----- Desserts & Beverage Bar --

For your sweet tooth cravings. All of our Coffees and Teas are 100% organic and we proudly serve Peerless Coffee and Teas.



Feel free to share these crepes!

Chocolate Banana Cream • Nutella, banana, banana cream & caramel. 7.95

Clare • Nutella, strawberry and banana. 7.50



Our famous recipe, rich & creamy. Served with Delilah shortbread cookies & homemade whipped cream. 7.25

Bakery Case Goodies • Cupcakes, cookies, brownies & other goodies! Please inquire with your server for current selection. Various Prices



№LOOSE LEAF TEAPOTS

Irish Breakfast • 3.25

Earl Grey • 3.25

English breakfast • 3.25

Pan fired Green Tea • 3.25

Peppermint • 3.25

Camomile • 3.25

SESPRESSO & COFFEE

Espresso • 2.10 / 2.25

Americano • 2.10 / 2.25

The Rocket •

Coffee & Espresso 2.10 / 2.25

Cappuccino • 2.95 / 3.50

Latte • 2.95 / 3.50

Mocha • 3.25 / 3.75

Vanilla Latte • 3.25 / 3.75

Cup of Coffee • 1.95

Cafe au Lait • 2.10

OORGANIC ICED TEAS

Our Gourmet Iced Green • Our own blend of teas from around the world. 2.50

Tropical Iced Tea • 2.50

OJUICES, ETC O

Fresh Juices

Orange, Grapefruit, or Apple 3.25 / 4.75

Soft Drinks • Coke, Diet Coke, 7up, or Root Beer 1.50

Fresh Squeezed Lemonade • 2.25

Strawberry Lemonade • 2.25

Peach Lemonade • Made with real peaches, a sweet, refreshing southern treat. 2.25

